

Premarital Counseling FAQ

1. What kind of counseling does Harvest provide?

The type of counseling Harvest provides is referred to as Biblical Counseling. As Biblical Counselors, we seek to build strong relationships and help people to apply the gospel in ways that are meaningful and direction-giving. Our counseling is shaped by a Christ-centered view of human life as found in the Christian Scriptures, which takes seriously the physical, social, and developmental nature of our difficulties. We believe that people can be healed, strengthened, and built up as they grow in their understanding of the gospel and in their relationship with Christ.

2. What does Premarital Counseling look like here at Harvest?

Premarital Counseling at Harvest typically involves between 7-9 sessions of instruction and discussion before the wedding and 1-2 follow-up sessions afterward. We will discuss issues such as God's purposes for marriage, communication, handling conflicts, finances, sex, husband-wife roles, planning the ceremony, and other issues of concern to you. During this process we will ask you to complete practical growth assignments to help you better understand and apply God's principles about marriage. The goal is that by the time you are finished you will better understand yourself, your future spouse, and God's design for marriage.

3. Who does the Premarital Counseling at Harvest?

At this time there are several people at Harvest who help to provide Premarital Counseling including our pastors, biblical counselors, and trained marriage mentors. Often our pastors and biblical counselors will initiate the process and then assign you to a marriage mentor to complete your Premarital Counseling. You are welcome to request a specific pastor or biblical counselor but we cannot guarantee their availability.

4. Is there a waiting list before we can begin Premarital Counseling?

Unfortunately, because of the current demand for counseling at Harvest, there is an average 2-4 week waiting list. We will let you know as soon as we process your Request for Premarital Counseling what the expected wait time is. Given the length of the Premarital Counseling process (see question #2) and the high potential that there is a waiting list, we recommend you contact us at least four months prior to your scheduled wedding date.